

# Lavender Country Kitchen Hot School Lunches 25 - 26

Week 1 Monday	
Wholegrain Pasta Bolognese and Carrots	
Stuffed Peppers	
Strawberry Yogurt and Waffle	
Fresh Fruit	
Fruit Yogurt	

Week 2 Monday	
Butchers Beef Burger in a Bun with Carrot Sticks	
Bean Burger in a Bun with Carrot Sticks	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 1 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables & Gravy	
Mango & Orange Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 2 Tuesday	
Roast Sausage, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Peaches and Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 1 Wednesday	
Macaroni Cheese, Garlic Bread & Garden Salad	
Macaroni Cheese, Garlic Bread and Garden Salad	
Fruit Jelly and Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 2 Wednesday	
Cheese & Tomato Pizza and Carrot Sticks	
Cheese & Tomato Pizza and Carrot Sticks	
Chocolate Marble Cake	
Fresh Fruit	
Fruit Yogurt	

Week 1 Thursday	
Butchers Sausage, Mash, Peas and Gravy	
Vegetarian Sausage, Mash, Peas and Gravy	
Chocolate Sponge & Chocolate Custard	
Fresh Fruit	
Fruit Yogurt	

Week 2 Thursday	
Chicken Breast Nuggets, Wedges and Sweetcorn	
3 Bean Chilli Jacket Potato	
Vanilla Ice Cream & Berry Coulis	
Fresh Fruit	
Fruit Yogurt	

Week 1 Friday	
Fishcake, Smilies and Baked Beans	
Fishless Fingers, Smilies and Baked Beans	
Blueberry Muffin	
Fresh Fruit	
Fruit Yogurt	

Week 2 Friday	
Battered Fish, Potato Waffle and Spaghetti Hoops	
Tomato Soup and Focaccia	
Victoria Sponge	
Fresh Fruit	
Fruit Yogurt	

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Week 3 Monday	
Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Vegetarian Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Artic Roll	
Fresh Fruit	
Fruit Yogurt	

Week 4 Monday	
Butchers Sausage, Hashbrown and Baked Beans	
Vegetarian Sausage, Hashbrown and Baked Beans	
Rocky Road	
Fresh Fruit	
Fruit Yogurt	

Week 3 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables, Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Neapolitan Loaf Cake	
Fresh Fruit	
Fruit Yogurt	

Week 4 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Apple Shortbread	
Fresh Fruit	
Fruit Yogurt	

Week 3 Wednesday	
Butchers Sausage in a Bun and Cucumber Sticks	
Vegetarian Sausage in a Bun and Cucumber Sticks	
Apple Crumble and Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 4 Wednesday	
Cheese & Tomato Pizza and Carrot Sticks	
Cheese & Tomato Pizza and Carrot Sticks	
Peach and Raspberry Crumble & Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 3 Thursday	
Mild Chicken Korma, Wholegrain Rice and Peas	
Sweet and Sour Vegetables & Tofu and Wholegrain Rice	
Fruit Salad and Squirty Cream	
Fresh Fruit	
Fruit Yogurt	

Week 4 Thursday	
Wholegrain Pasta Bolognese and Broccoli	
Jacket Potato and Beans with Cucumber Sticks	
Flapjack	
Fresh Fruit	
Fruit Yogurt	

Week 3 Friday	
Fishcake, Smilies and Baked Beans	
Cheese and Onion Pasty, Smilies and Baked Beans	
Oat and Raisin Cookie	
Fresh Fruit	
Fruit Yogurt	

Week 4 Friday	
Fish Fingers, Waffle and Peas	
Macaroni Cheese and Peas	
Iced Shortbread	
Fresh Fruit	
Fruit Yogurt	

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Week 5 Monday	
Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Vegetarian Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 6 Monday	
Jacket Potato with Chicken and Bacon Mayo and Cucumber Sticks	
Jacket Potato, Cheese/Beans and Cucumber Sticks	
Apricot Oaty Slice	
Fresh Fruit	
Fruit Yogurt	

Week 5 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables & Gravy	
Fruit Jelly and Custard	
Fresh Fruit	
Fruit Yogurt	

Week 6 Tuesday	
Roast Sausage, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Pancakes and Fruit Coulis	
Fresh Fruit	
Fruit Yogurt	

Week 5 Wednesday	
Cheese and Tomato Pizza and Vegetable Sticks	
Cheese and Tomato Pizza and Vegetable Sticks	
Apple Cake	
Fresh Fruit	
Fruit Yogurt	

Week 6 Wednesday	
Chicken Nuggets, Wedges and Peas	
Vegetable Burger, Wedges and Peas	
Vanilla Ice Cream and Berry Coulis	
Fresh Fruit	
Fruit Yogurt	

Week 5 Thursday	
Sausage Roll, Potato Waffle and Baked Beans	
Tomato Soup and Focaccia	
Swiss Roll	
Fresh Fruit	
Fruit Yogurt	

Week 6 Thursday	
Macaroni Cheese, Garlic Bread and Garden Salad	
Macaroni Cheese, Garlic Bread and Garden Salad	
Toffee Cake	
Fresh Fruit	
Fruit Yogurt	

Week 5 Friday	
Fishcake, Smilies and Baked Beans	
Quorn Nuggets, Smilies and Baked Beans	
Jam Doughnut	
Fresh Fruit	
Fruit Yogurt	

Week 6 Friday	
Battered Fish, Potato Waffle and Spaghetti Hoops	
Mediterranean Vegetable Gnocchi Bake	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

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Week 7 Monday	
Butchers Beef Burger in a Bun and Carrot Sticks	
Bean Burger in a Bun with Carrot Sticks Artic Roll	
Fresh Fruit	
Fruit Yogurt	

Week 8 Monday	

Week 7 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Carrot Cake	
Fresh Fruit	
Fruit Yogurt	

Week 8 Tuesday	

Week 7 Wednesday	
Chicken Goujons, Waffles and Baked Beans	
Jacket Potato with Baked Beans and Vegetable Sticks	
Mango and Orange Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 8 Wednesday	

Week 7 Thursday	
Mild Chilli Con Carne, Wholegrain Rice and Carrots	
Wholegrain Roasted Vegetable Pasta and Garlic Bread	
Fruit Jelly and Custard	
Fresh Fruit	
Fruit Yogurt	

Week 8 Thursday	

Week 7 Friday	
Fish Fingers, Waffle & Peas	
Macaroni Cheese and Peas	
Mint Chocolate Chip Icecream	
Fresh Fruit	
Fruit Yogurt	

Week 8 Friday	

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DELI MONDAY	
Ham Packed Lunch, Fruit, Yogurt, Crisps & Cookie	
Jacket Potato, Cheese and/or Baked Beans and Salad	


DELI TUESDAY	
Cheese Packed Lunch, Fruit, Yogurt, Crisps and Jam Tart	
Jacket Potato with Tuna & Mackerel Mayo and Cucumber Salad	


DELI WEDNESDAY	
Ham Wrap Packed Lunch, Fruit, Yogurt, Crisps and Shortbread	
Jacket Potato, Cheese and Coleslaw	


DELI THURSDAY	
Cheese Packed Lunch, Fruit, Yogurt, Crisps and Cake Bar	
Jacket Potato with Tuna & Mackerel Mayo with Cucumber Salad	


DELI FRIDAY	
Ham Packed Lunch, Fruit, Yogurt, Crisps and Angel Cake	
Jacket Potato Cheese and/or Baked Beans and Salad	